



The Pari Center and ISAPZURICH present

# PSYCHE AND TIME

Time is integral to many of C.G. Jung's remarkable insights into the nature and dynamics of the psyche, from individual development to the *unus mundus*—the invisible and timeless foundation of reality.

Join us at the Pari Center for an in-depth exploration of the ubiquitous yet mysterious phenomena of PSYCHE AND TIME from the perspectives of science, philosophy, symbolism, mythology, therapeutic practice, and culture.

**PARI, ITALY  
JUNE 14-20, 2022**

With Frédérique Dambreville,  
Deborah Egger, Andrew Fellows,  
Christopher Hauke, Mathew Mather,  
Shantena Sabbadini and Yuriko Sato

*"[W]e cannot apply our notion of time to the unconscious. Our consciousness can conceive of things only in temporal succession, our time is, therefore, essentially linked to the chronological sequence. In the unconscious this is different, because there everything lies together, so to speak."*  
C.G. Jung




**ISAPZURICH**  
INTERNATIONALES SEMINAR FÜR ANALYTISCHE PSYCHOLOGIE  
INTERNATIONAL SCHOOL OF ANALYTICAL PSYCHOLOGY  
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**ISAPZURICH and The Pari Center present**

## **Psyche and Time**

June 14 – 20, 2022 in Pari, Italy

With Frédérique Dambreville, Deborah Egger, Andrew Fellows, Christopher Hauke,  
Mathew Mather, Shantena Sabbadini and Yuriko Sato

Join ISAPZURICH and The Pari Center for an in-depth exploration of the ubiquitous yet mysterious phenomena of **Psyche and Time**.

This will be an informal meeting with presentations by experts followed by roundtable discussions and workshops. The cost of the event is 1400.00 euros. The event fee includes a 6-night stay in private accommodation and all meals. It also includes activities, materials, sessions, and workshops. The event starts on Tuesday June 14 at 19:00 with a welcome dinner and ends on Monday June 20 after lunch.

A defining characteristic of Carl Jung's extraordinary life's work is his engagement across all scales, from the cosmic and metaphysical to the personal and psychological. Another is his breadth of influences, from Hermetic to quantum worldviews. This is the context for our exploration of two ubiquitous phenomena that, like fish in water, we take for granted, but which on closer examination are profoundly puzzling: psyche and time. Our perspectives will be scientific, philosophical, symbolic and mythological, clinical and cultural as we zoom in from the universe to the practice room, and end with a trip to the cinema!

In the first two days we will explore the fundamental nature of time with theoretical physicist Shantena Sabbadini, and of psyche with applied physicist and Jungian Analyst Andrew Fellows. The next day we will enter the world of astrology—a lifelong interest of Jung's that connects psyche and cosmos through time—with Jungian Analyst and professional astrologer Frédérique Dambreville. We will also explore synchronicity and the turning of the age through the symbolism of the scarab with Jungian scholar and educator Mathew Mather. On the fourth day, Jungian Analyst Deborah Egger will delve into the vital role of time in the psychotherapeutic process, and Mathew will follow up his previous presentation with an experiential workshop. On the last whole day, Jungian Analysts Yuriko Sato and Christopher Hauke will, respectively, present an Eastern view of psyche and time, and show how predominantly Western views have been depicted, and sometimes deconstructed, in film. The final morning will feature a dialogue among all the presenters responding to further questions and those aspects of the event which have generated most interest.

Participating in an event at the Pari Center means not only meeting with scholars and experts but living for a week in a medieval village, mingling with the tiny local population, eating local dishes and drinking local wines, appreciating the beauty of the surrounding countryside, and participating in a very gentle way of life far from the frenzy of work and city living. David Peat compared Pari to an alchemical vessel—a place where transformation can come about—as well as an opportunity to pause for a moment and re-assess one's life. It's a unique opportunity open to everyone.

# The Presenters

## The Nature of Time with Shantena Sabbadini

Time is the ultimate enigma for contemporary physics. In the formalism of quantum physics it is treated differently from all other variables. In the fundamental equations of physics there is no arrow of time, time can flow forward or backward in a perfectly symmetric way. Yet in the Second Law of thermodynamics and in our lived experience it very definitely flows in one direction and not in the opposite one. We remember the past and not the future. We grow older and not younger. A cup of tea left on the counter cools down by warming the surrounding air, but we never see the surrounding air warming up a cold cup of tea. Does the key to the enigma reside in the Big Bang? Does it imply multiple universes?

### ***Shantena Sabbadini***

**Shantena Augusto Sabbadini** graduated from the University of Milan in 1968 and was awarded his PhD in physics from the University of California in 1976. In Milan he researched the foundations of quantum physics, laying the base for what is currently known as the decoherence interpretation of quantum physics. At the University of California, he contributed to the theoretical work behind the first identification of a black hole, the X-ray source Cygnus X-1. In the 1990s he was scientific consultant for the Eranos Foundation, an East-West research center founded under the auspices of C.G. Jung in the 1930s. In that context he produced various translations and commentaries of Chinese classics in Italian and English, including the *Yijing* and the trilogy of Daoist classics, the *Laozi*, the *Zhuangzi* and the *Liezi*. From 2002 onwards he collaborated with F. David Peat running the Pari Center for New Learning and in 2017 he succeeded his friend and colleague as director of the center.



Shantena leads workshops and courses on the philosophical implications of quantum physics, on Daoism, and on using the *Yijing* as a tool for introspection. His most recent book in English, *Pilgrimages to Emptiness: Rethinking Reality through Quantum Physics*, was published by Pari Publishing in 2017.

## The Nature of Psyche with Andrew Fellows

What, where and when is psyche, and what is its relationship with matter and time? Beginning with Descartes and Spinoza, we will move on to explore these questions from a Jungian perspective. Carl Jung's theories about the psyche evolved significantly during his long life, so we will focus on his most recent thinking, and especially on the ideas that emerged from his decades of collaboration with the Nobel Laureate theoretical physicist, Wolfgang Pauli. Consciousness *per se* is,

according to philosopher David Chalmers, “the hard problem”. However, it is a relatively small, but important, aspect of Jung’s model, through which we experience not just perceptions, but phenomena such as dreams and complexes that have deeper origins. These lead us beyond the ego to consider the personal and collective unconscious, and fundamental concepts including the archetypes and their manifestations, the psychoid, the Self and the timeless unity of all that is, the *unus mundus*. Jung’s ontological insights continue to be explored, especially the spontaneous acausal connections between psyche and matter that he and Pauli called synchronicity, and exceptional experiences that appear to violate our conventional understanding of space and time. We will briefly review cutting-edge contemporary research in this area, and more general modern thinking about the mind-matter relationship, from physicalism to dual-aspect monism to idealism. I will present a novel hypothesis about the relationship between the *unus mundus* and Carlo Rovelli’s commentary on entropy.

## **Andrew Fellows**

**Andrew Fellows, PhD**, is a classical Jungian Analyst ([www.andrewfellows.ch](http://www.andrewfellows.ch)) with private practices in Bern and Zürich, Program Director and Training Analyst at [ISAP Zurich](http://ISAPZurich), an independent researcher and author, and a deep ecologist. He holds a Doctorate in Applied Physics (Dunelm), and enjoyed two decades of international professional engagement with renewable energy, sustainable development and environmental policy before moving from the U.K. to Switzerland in 2001.

His special interests include the *anima mundi*, the mid-life transition, and the synergy of Jungian Psychology with the new sciences, notably systems dynamics, Gaia theory, the Pauli-Jung conjecture, Bohm’s implicate order, and theories of nonlocal mind in order to understand and address global collective and environmental problems. He has presented his evolving ideas since 2007 at international conferences in Europe, Japan and the U.S., in addition to teaching at ISAP Zurich.



His first book, *Gaia, Psyche and Deep Ecology: Navigating Climate Change in the Anthropocene* (Routledge, 2019) was a joint winner of the Scientific & Medical Network 2019 Book Prize. Occasional updates and recommended references are available at the companion website [www.irreducible.world](http://www.irreducible.world). Andrew’s personal passions include nature, mountains and music, and he lives over three thousand feet above sea level in rural Switzerland without a car.

## **The Infinity of the Cosmos and the Depth of Psyche with Frédérique Dambreville**

Participants will be invited to consider the relationship between the cosmic dance and the psyche. We shall look into such themes as :

- The Sacred Wheel of Time and the 12 signs of the Zodiac; the difference between linear time and cyclical time.
- The Astrological cycles; the timing of evolution and changes within the planetary cycles.
- The mythological background of astrology, and the naming of the planets after the gods.
- Astrology as an integrated symbolic system, and the meaning and reading of the chart.
- The notion of *kaïros*, continuity and discontinuity.
- The contribution of the astrological chart to the analytical work, showing the rhythm and timing of the deep processes at work in the individual psyche.

### ***Frédérique Dambreville***

**Frédérique Dambreville** is a Jungian Analyst and professional astrologer in private practice in Paris. She began her professional life as a registered nurse in several specialized wards, and completed her qualifications with training in emergency procedures and first aid in times of disaster. She was a journalist, writing for a professional nursing journal published by the French Red Cross, and contributed articles in the medical press. She also graduated in philosophy at the Sorbonne, and trained in yoga teaching and practice.

Since her early twenties, following a deep inner search for meaning, she started to study astrology and analytical psychology. From the beginning, these two fields were the red thread guiding her way, and a frame of reference where everything she learned and experienced had its place and function.

She studied astrology with several astrologers belonging to different orientations: traditional, transpersonal and humanistic (Rudhyar, Ruperti...), and psychological (Liz Greene, Howard Sasportas, Richard Idemon, Stephen Arroyo...). In the mid-80s, she started consultations with clients, reading charts and teaching students.

Her engagement with psyche is expressed through theoretical studies and analytical experience, both Freudian and Jungian. She participated in study groups and lectures at the Jungian Center in Paris, and some years later attended intensive seminars and became a matriculated auditor at the C.G. Jung Institut in Küsnacht. She completed her analyst training at ISAPZURICH, from where she graduated in 2009 and is now emerita.

It is through both the theory and practice of astrology and depth psychology that she discovered how much the astrological symbols and the archetypes of the psyche were mirroring each other, sparking fundamental questions from these two perspectives.



## **A Green Gold Scarab: Symbol for the Turning of an Age? with Mathew Mather**

Mathew will begin his session with a foundational story of the Pari Center that involves a scarab beetle. From here we will then consider Jung's iconic 'green gold scarab' synchronicity. This includes an amplification of mythic significances by sharing images from ancient Egyptian mythology. In the spirit of 'sticking to the image' an elaboration on the colour 'green gold' is then explored in terms of the notion of the anima mundi—the soul of the world. As we shall witness a perspective emerges in that Jung's 'green-gold scarab' can be considered a symbol of pivotal significance for his life-myth aligned with his belief in the immanent Turning of an Age. Here we shall also witness a convergence of alchemy astrology and magic. Resonances with our times with reference especially to deep ecology will also be touched on. A contemporary 'blue beetle' story will also be briefly recounted as a preamble to the follow-on workshop: Anima Mundi—Synchronicity and the Soul of the World. Our time together will include experiential exercises.

### ***Mathew Mather***

**Mathew Mather** is a graduate of the University of Essex, where he specialised in Jung and Alchemy. He is a lecturer at Limerick School of Art and Design (Technological University of the Shannon, in Ireland), is course director of the *Certificate in Jungian Psychology with Art Therapy* and programme director of the *MA in Art, Psyche and the Creative Imagination*. Mathew regularly presents at international conferences, is a guest lecturer at ISAP Zurich and runs workshops with his wife Lyn for the *Jung in Ireland* programme. His interests include dream interpretation, synchronicity, art, alchemy, astrology, the environment, as well as personal and cultural mythologies. He is author of *The Alchemical Mercurius: esoteric symbol of Jung's life and works* (Routledge 2014), and has a number of article and book chapter publications. He is also a member of the *International Association of Jungian Studies* (IAJS).



### **Time and Timing in Therapy with Deborah Egger**

Timing matters in therapy; it matters a lot and on many different levels. Whether it is the *kronos* timing of appointments beginning and ending 'on time' (or not) or the *kairo* timing of interventions, interpretations, actions and reactions, dreams, intuitions working (or not)...timing is important in the therapeutic process.

In addition to the differences in *kronos* and *kairos* aspects of time, we also must take heed that Psyche's time is often not the same as Ego's time and this can be a problem, a challenge or even a complete obstacle in therapy unless we look carefully and with curiosity into the relationship between the two.

Psychologically speaking, events of the 'past' can be fully alive in us in the 'present' and even seemingly determinate of our 'future'. We can believe wounds and painful experiences are 'behind us' and yet be completely caught by surprise when they rise up and disturb our ability to be related in our daily life. Letting 'bygones be bygones' is not a simple endeavor, emotionally. We will

- Look at the relationship between *kronos* and *kairos* as one of our main entry points to delve into the world of transferential relationships and their potential for transformation.
- Explore the expected developmental 'crises' we have all lived through, leaving us imprinted by implicit memory and imbued with explicit memory, considering the mystery of our existence in time and time in our existence
- Consider the 'fullness of time' as a needed, spiritual component of our individuation journey

## **Deborah Egger**

**Deborah Egger-Biniores**, MSW, is training and supervising analyst at the



International School for Analytical Psychology in Zurich, Switzerland. She was AGAP President from 2001–2010, served on the IAAP Executive Committee during 2001–2007 and was a founding member of ISAPZURICH. She earned her diploma in Analytical Psychology at the CG Jung Institute, Küsnacht and her academic education previously was in the fields of religion, psychology, music and social work. Her writing interest currently focuses on the cyclical process of development over the course of a lifetime and on adult intimate relationships particularly with relation to the human soul

and its intention. She teaches regularly on the topics of transference, developmental psychology, neurosis, psychopathology and the role of relationships in individuation. The mother of two grown children, she maintains a private analytic practice in Stäfa, Switzerland, and is currently serving as President of ISAPZURICH.

## **Anima Mundi – Synchronicity and the Soul of the World with Mathew Mather**

In this workshop we explore the possibilities of synchronistic phenomena in a divinatory way. Participants will be invited to select a 'random' natural object (provided on the day) as an impetus to evoke a reverie on an encounter (past, present and/or future). By also responding in word and image, we engage with such a symbol in light of its potential relevance to a personal life-myth and in relationship to the *anima mundi*, the soul of the world within the web of life. We shall also explore the possibilities of a 'field effect.'

## Lived Time in Japan with Yuriko Sato

Japanese culture is well-known for its sensitivity to nature. Before the Gregorian calendar became official in 1873 along with the government's forceful modernization of Japan, a day consisted of daytime, from sunrise to sunset, and nighttime. Day and night were each divided into six intervals, so the duration of each interval changed according to the season. The time of observed sunrise and sunset depended also on location and on local features, from mountain valleys to plains. The people were also living closely with the lunar cycle and the various signs of seasons in nature.

There are several entry points to explore the Japanese sense of time. The Japanese short form of poetry, haiku, must contain a seasonal reference. In this way, a haiku captures time in nature within and without. The Japanese era name is changed each time when a new Emperor is enthroned; a new era starts with the new Emperor. Some of the most important Shinto shrines are completely rebuilt every 20 years. Things decay with time and are renewed. Life is birth, growth and ultimately death. All is coming, going away and coming back again in a cycle—the soul too. People die and join the ancestors, but come back each year at a certain time of rituals and festivals to join the living and could also be born to another life. With these hints, time lived by the Japanese could provide a different perspective of the nature of time, which is not obvious in our default modern world that operates with linear and chronological universal time.

### **Yuriko Sato**

**Yuriko Sato, MD**, is a Japanese Jungian analyst and psychotherapist, practicing in Zürich and Bern, Switzerland. She is a training and supervising analyst, and the Director of Studies at ISAPZURICH. She studied medicine and worked as a psychiatrist in Osaka and Kyoto, Japan. She earned her Diploma in Analytical Psychology at the C.G. Jung Institute Küsnacht, Switzerland. Her interests and teaching topics include the Eastern (Japanese) psyche, spirit and matter, nature and psyche, along with various psychiatry topics. She has visited Pari several times and enjoyed Pari Center events as a participant as well as a presenter ('The Sense of Wonder: Being Connected with the Enchanted World' in 2019, 'Synchronicity: A Common Reality in Japan' in 2021).





## Screen Time: Movies, Mind and the Experience of Time with Christopher Hauke

Ever since Muybridge's frame-by-frame breakdown of motion in humans and animals showing movement that time obscures from normal perception, the power of the moving image to represent and re-represent reality has been incorporated into what we know of ourselves and the world.

Movies and music are time-based art forms; but movies can appear to stop time and, when needed, speed it up, or slow it down. Film may even reverse time in a way that is not possible in the actual world, as with the film of an egg breaking.

For mathematical physicists Feynman and Wheeler at Princeton, reversibility became a central issue at the level of atomic processes. Unlike in the real world where time seems to run in one direction only, the equations describing the motions and collisions of objects ran equally well forward and backward—they seemed symmetrical with respect to time.

Using film clips and current research Christopher Hauke will discuss these anomalies and examples of time, narrative, and cinema films. This will lead us to consider experiences of time, with both the psychological implications and the philosophical challenges these present.

### **Christopher Hauke**

**Christopher Hauke** is a Jungian analyst in private practice and Senior Lecturer emeritus at Goldsmiths, University of London interested in the applications of depth psychology to a wide range of social and cultural phenomena including film. His



books include *Jung and the Postmodern: The Interpretation of Realities*, (2000); *Human Being Human. Culture and the Soul* (2005) *Visible Mind. Movies, Modernity and the Unconscious*. (2013). He has co-edited two collections of Jungian film writing: *Jung and Film. Post-Jungian Takes on the Moving Image* (2001) and *Jung and Film II – The Return* (2011).

His short films, documentaries *One Colour Red* and *Green Ray*, and the psychological drama *Again* premiered in London venues and at congresses in Barcelona, Zurich and Montreal.

In addition to new film projects he is now researching the limits of rationality, and the place of the irrational in our lives.

